

The City of San Diego  
"We Enrich Lives through Quality Parks and Programs"  
[www.sandiego.gov/park-and-recreation/](http://www.sandiego.gov/park-and-recreation/)

# Kearny Mesa Recreation Center

# Spring Fling

**March 2016 - May 2016**

**3170 Armstrong Street  
San Diego, CA 92111  
(858) 573-1387**

## ***City Holidays***

|                         |                              |
|-------------------------|------------------------------|
| <b>President's Day</b>  | <b>Monday, February 15th</b> |
| <b>Cesar Chavez Day</b> | <b>Thursday, March 31st</b>  |
| <b>Memorial Day</b>     | <b>Monday, May 30th</b>      |

## **STAFF**

|                   |                       |
|-------------------|-----------------------|
| Mark Moncey       | Area Manager II       |
| Kelley Clark      | Center Director III   |
| Bianca Padilla    | Asst. Center Director |
| Patty Barajas     | GMW II                |
| Joel Mojica       | GMW II                |
| Francisco Vasquez | GMW II                |
| Caesar Churchwell | Recreation Leader I   |
| Ashley Ocampo     | Recreation Leader I   |
| Tim Thomas        | Recreation Leader I   |
| Silvia Villegas   | Recreation Leader I   |



# GENERAL INFORMATION

## Hours of Operation

|           |                    |
|-----------|--------------------|
| Monday    | 10:00 am - 8:00 pm |
| Tuesday   | 10:00 am - 9:00 pm |
| Wednesday | 10:00 am - 9:00 pm |
| Thursday  | 10:00 am - 9:00 pm |
| Friday    | 10:00 am - 7:00 pm |
| Saturday  | 9:00 am - 5:00 pm  |
| Sunday    | CLOSED             |

Hours are subject to change without notice.  
Closed on all City of San Diego holidays.

## Recreation Council

This is a citizen's advisory group made up of involved community members and the representatives of groups that use the facility. These groups of concerned citizens volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the Kearny Mesa community. Groups, clubs and leagues using the parks are encouraged to send a representative to the meetings. Meetings are open to the public. New membership is encouraged and welcomed. The council meets at 6:00 pm on the fourth Wednesday of each month. No meeting in July, August, and December. Persons interested in making a positive impact or who have concerns about local parks and the recreation center should attend these meetings. Please contact the recreation center office for more details at (858) 573-1387.

## Kearny Mesa Facility

The Kearny Mesa Recreation Center has two (2) meeting rooms, a fully equipped kitchen, a game room, a full gymnasium, large playground, lighted outdoor basketball courts, multi-purpose fields, a designated dog park, and two lighted ball fields.

## Volunteers

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as senior and therapeutic recreation programs. If you would like to volunteer, please see staff. For more information, visit [www.sandiego.gov/park-and-recreation/general-info/volunteers.html](http://www.sandiego.gov/park-and-recreation/general-info/volunteers.html) or contact the Volunteer Office at (619) 533-4017.

## Equipment Check-Out

Sports equipment may be checked out with a personal ID (Drivers License, CA ID, student/school ID, etc.). Keys, phones, headphones, or other items will not be accepted. ID's will be returned when the equipment is returned.

## Therapeutic Services

All activities accommodate people with disabilities. Upon availability, Therapeutic Recreational Services staff will provide additional assistance along with recreation staff (a three (3) week notice is required). An assessment will be made to determine if a one-on-one aide is needed. Therapeutic Recreational Services is a city-wide program that provides recreation opportunities for people with disabilities. For more information, or to be placed on their mailing list, please call (619) 525-8247.

## Numbers to Know

|                             |                |
|-----------------------------|----------------|
| Linda Vista Recreation Ctr. | (858) 573-1392 |
| Serra Mesa Recreation Ctr.  | (858) 573-1408 |
| Linda Vista Library         | (858) 573-1399 |
| Kearny Mesa Pool            | (858) 573-1389 |
| Police Non-Emergency        | (619) 531-2000 |

**Due to a planned construction project at the recreation center, the center may be closed at various times, to assist with construction needs.**

# GENERAL INFORMATION

## Rules and Regulations

- Alcohol is permitted at Kearny Mesa Park from 6:00 am to 10:00 pm.
- Alcohol is prohibited at Lindbergh Park.
- Bottles, glass containers, balloons, and smoking are prohibited at all City parks.
- All vehicles must park in marked stalls.
- Vehicles are not allowed on the turf, sidewalks, or non-designated roadway.
- It is illegal to use park dumpsters for your household refuse.

## Leash Free Dog Park

Located in the back of the park, this one (1) acre fenced "leash free" area is open 6:00 am to 10:00 pm every day. Amenities include grass, double-gated lighted entry, shade trees, and benches. The dog park area is lighted. Note: This is the only "leash free" area in the park. The rest of the park, dogs on leash. For more information, please contact Kearny Mesa Recreation Center. Rules for use are posted on the entry gate.

## Dog Etiquette

- Dogs are only allowed off-leash in the designated dog park only.
- When outside of the dog park, keep your dog(s) on their leash and the leash in hand at all times.
- Always pick up after your pet.
- Be sure that your dog is wearing a current license from the County Department of Animal Services.

## Park Addresses

Kearny Mesa Recreation Center  
3170 Armstrong Street  
San Diego, CA 92111  
(858) 573-1387



Lindbergh Neighborhood Park  
4101 Ashford Street  
San Diego, CA 92111

(For information regarding reservations or permits for Lindbergh Park, please contact Kearny Mesa Recreation Center)

## Donations

By donating to our park system, you can help the Park and Recreation Department enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatic programs. For more information on becoming a donor to your favorite park, pool, or recreation program, please contact Kelley Clark, Kearny Mesa Center Director at (858) 573-1387.

## Park and Field Reservations

Permits are required to reserve a meeting room, athletic field, and a passive park space, or to place special equipment on park property (i.e. fun jumps, large canopies, etc.) for your group or organization. All groups larger than 50 people require a permit.



*Just a Reminder, Public Defibrillators  
are located at all Recreation Centers  
in the City of San Diego.*



**All City of San Diego Parks, Pools  
and Beaches are Smoke Free.**

# PERMIT/CLASS INFORMATION

## Permit Processing

Permits will only be accepted with a scheduled appointment, which may be made with the Center Director. Permits must be filed ten (10) working days before an event. To schedule an appointment, please contact the Center Director at (858) 573-1387.

## Class Registration

Registration is on a first come first serve basis. Fees are payable at the time of registration. All classes are subject to change or cancellation. There will be no refunds after the first class. Class fees are not prorated or discounted after the beginning of the session. Classes are subject to minimum enrollment. Registration days and times are subject to change without notice.

## Registration Days & Times

|            |                   |
|------------|-------------------|
| Tuesdays   | 4:00 pm - 7:00 pm |
| Wednesdays | 4:00 pm - 7:00 pm |
| Thursdays  | 4:00 pm - 7:00 pm |

## Payment Information

All payments for permits and class registrations may be done in cash (exact amount), check or credit card.

## Insufficient Funds

A minimum fee of \$25.00 will be charged for all returned checks.

## Refund Policy

All requests will be reviewed on a case by case basis. A Refund Request Form must be submitted prior to the first class. No partial refunds or make-ups for missed classes.

*We enrich lives through quality  
parks and programs*

## Independent Contractors vs. Permit Holders

The Kearny Mesa Recreation Center offers a wide variety of programs for the youth which are provided through the means of three different sources: in-house programs (run by City staff), contractual programs and rental programs. Contractual programs consist of independent contractors that have been approved by the Kearny Mesa Recreation Center Council as a sponsored program. Rental programs are commercial companies that rent out the facility to offer their programs and activities for the community. Please see below for specified requirements.

## Requirements for Independent Contractors

All contractors, sub-contractors, and volunteers must be fingerprinted through the City of San Diego Live Scan Process. Contractors must submit a business license and proof of insurance. City staff handles all registration for the program Contractors, who must provide Worker's Compensation coverage for all their employees.

## Requirements for Permit Holders/Rental Programs

Must provide proof of insurance plus endorsement page( s). Must provide own advertisement for program. Handles registration for their programs. Rental programs are **NOT required to submit proof of fingerprinting** for their coaches, volunteers and/or instructors.



# REGISTRATION INFORMATION

## Online Registration Information

You may register online for all contractual and recreation programs offered by the Recreation Council using the Online Activity Registration System.

**Log onto: [www.SDRecConnect.com](http://www.SDRecConnect.com)**

### Returning Customers

**(previously registered for classes on-line)**

Click the "My Account" button. Enter your Login (email) and password. Log in with this password to activate your account.

### First Time On-line Users

#### **New Accounts**

Click on the "Create Accounts" button. Fill out the New Account request form completely. Include all required fields (i.e. birth date, gender, email address, etc.) and click submit. Please submit your request **ONLY** once. You will receive a confirmation email at the email address that you provided. Please follow directions provided to activate account.



***PLEASE NOTE (for first time users only):***

**Parents/guardians MUST create their own account first (before creating an account for a child) using their own information.**

Once you have created an on-line registration account, you will have an opportunity to add a child/children, spouse/partner as a family member.

## Class Numbers

When registering online, please be sure to check the listed class number for each program, and use them for easy reference. Please be advised, class numbers will change each quarter.

## FAQ's

If you need assistance during any of this process, please click the FAQ's (Frequently Asked Questions) button for information.



***Effective September 8, 2015, all customers are now charged a \$2.00 Transaction fee for all online registration and reservation transactions. Additionally, a 3% credit card fee will be applied when a credit card is used to process payment. For in-house registrations, a \$2.00 Transaction fee will be charged for every transaction. Rates are established by the service provider and are nonrefundable.***

### Registration/Reservation Transaction and Credit Card Fees

*A Transaction Fee and a Credit Card Fee is charged to customers who use credit cards (or other electronic payment mechanism) for registrations and reservations. Rates are established by the service provider and are nonrefundable. Current rates are listed below.*

| <u>Fee Description</u> | <u>Previous Fee</u> | <u>Approved Fee</u>    |
|------------------------|---------------------|------------------------|
| Transaction Fee        | N/A                 | \$ 2.00/Transaction    |
| Credit Card Fee        | N/A                 | \$ 3% of Total Charges |

# Kearny Mesa Youth Programs

## Kajukenbo

(Independent Contractor)

Kajukenbo is a modern self-defense martial art style that combines techniques from Karate, Judo, Jujitsu, Kenpo and Boxing. Kajukenbo is an effective all around self-defense martial art that is practical and well respected in the martial arts community. All students training in Kajukenbo will learn discipline, respect, concentration, balance, coordination, and agility, just to name a few. Kajukenbo is a great class for all ages and ability levels. Sifu/Maestro Scott Berry.

### BEGINNER

**Age:** 4 - 10 years old  
**Days:** Monday  
**Time:** 5:00 pm - 6:00 pm  
**Dates:** February 29 - March 28  
**Class #:** 23706  
**Dates:** April 11 - May 9  
**Class #:** 23707  
**Fee:** \$30.00

### INTERMEDIATE/ADVANCED (Instructor Promotion Only)

**Age:** 5 - 17 years old  
**Days:** Monday and Wednesday  
**Time:** 6:00 pm - 7:00 pm  
**Dates:** February 29 - March 30  
**Class #:** 23708  
**Dates:** April 11 - May 11  
**Class #:** 23709  
**Fee:** \$40.00

### ADVANCED TECHNIQUE (Instructor Referral Only)

**Age:** 5 - 17 years old  
**Days:** Saturday  
**Time:** 10:00 am - 11:00 am  
**Dates:** March 5 - April 2  
**Class #:** 23715  
**Dates:** April 16 - May 14  
**Class #:** 23716  
**Fee:** \$20.00



## City Dance Classes

The City of San Diego Park and Recreation Department Civic Dance Arts currently conduct dance classes for children at the Kearny Mesa Recreation Center. Tap and Jazz are offered. Registration is done through the instructor during the first week of classes.

Due to the Spring recital, no new registrations will be taken at this time. Listed below are the classes offered at Kearny Mesa. Look for the upcoming summer program.



The regular classes offered are:

### Pre-Tap

#### Tap I

#### Jazz I

#### Tap 2B (Instructor Promotion Only)

#### Jazz 2B (Instructor Promotion Only)

#### Tap 3 (Company Level)

#### Jazz 3 (Company Level)

(These may change depending on registration numbers, community need, and instructor availability)

For more information on specific start times of classes, please visit [www.civildancearts.org](http://www.civildancearts.org) or call 619-235-5255.





# Kearny Mesa Youth Programs

## Kidz Love Soccer

(Independent Contractor)

### Mommy/Daddy & Me

These classes are a fun and positive introduction to soccer for our youngest players and their parents. You will participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities are played each week, and adult participation is required.

**Age:** 2 - 3 1/2 years old  
**Days:** Tuesday  
**Time:** 5:45 pm - 6:15 pm  
**Dates:** March 15 - April 12  
**Class #:** 23717  
**Dates:** May 3 - May 31  
**Class #:** 23718  
**Fee:** \$58.00

### Tot/Pre-Soccer

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting.

**Age:** 3 1/2 - 5 years old  
**Days:** Tuesday  
**Time:** 5:00 pm - 5:35 pm  
**Dates:** March 15 - April 12  
**Class #:** 23719  
**Dates:** May 3 - May 31  
**Class #:** 23720  
**Fee:** \$58.00



## Soccer 1

Players will learn dribbling, passing, receiving, shooting, and age-specific defense. Fun skilled games are played at every session, and every participant will have a ball at his or her feet. Well-suited for the first-time player, while being fun and engaging for kids who already have soccer experience. Small-sided soccer matches will be introduced gradually where they will learn more about teamwork and playing as part of a group. Shin guards are required after the first meeting.

**Age:** 5 - 7 years old  
**Days:** Tuesday  
**Time:** 4:15 pm - 5:00 pm  
**Dates:** March 15 - April 12  
**Class #:** 23723  
**Dates:** May 3 - May 31  
**Class #:** 23724  
**Fee:** \$58.00



## Guitar Lessons

(Independent Contractor)

Guitar is a fun and popular instrument to play. These classes are designed to teach beginning students to strum along with favorite songs and to play simple melodies. No previous musical knowledge is needed. Students are responsible for providing their own guitar.

**Age:** 9 - 17 years old  
**Days:** Tuesday  
**Time:** 6:00 pm - 7:00 pm  
**Dates:** March 22 - April 19  
**Class #:** 23725  
**Dates:** April 26 - May 24  
**Class #:** 23726  
**Fee:** \$30.00

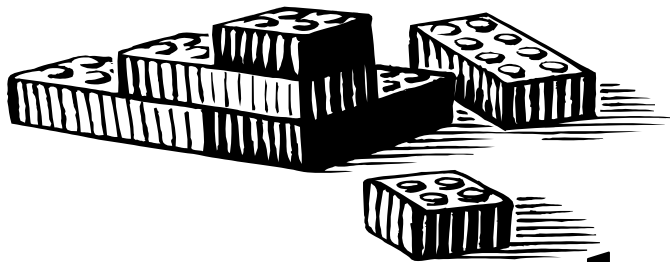


# Kearny Mesa Youth Programs

## LEGO Club

Come join our LEGO Club! The Kearny Mesa Recreation Center is offering a LEGO building program. This is designed for kids ages 7 to 11, to encourage creative thinking and imagination. We will use our imagination to create a wide variety of fun things (i.e. castles, robots, playgrounds, amusement parks, etc.). The first hour will be design time, where everyone can work on their very own project. During the second hour, we will divide into teams and create a dream project together!

**Days:** Thursday  
**Time:** 4:30 pm - 6:00 pm  
**Dates:** March 17 - May 5  
(No class March 31)  
**Age:** 7 - 11 years old  
**Class #:** 23727  
**Cost:** \$25.00



# Hey Folks!

If you have any ideas for new and exciting programs that we can offer, please drop your suggestions off at the Recreation Office.

If you have a special skill or talent that you would like to share with everyone, as an instructor, please drop off your resume and class description at the Recreation Office.

The Kearny Mesa recreation staff is always looking for new instructors and programs!

## Tiny Tots



This class will provide toddlers an environment that will encourage their curiosity, expand their interests, and help them to recognize all their potential. We will work on socialization, language, and developing fine and gross motor skills essential to their growth. Each class starts with free play and then goes into different fun activities. We will explore learning in a variety of ways such as arts and crafts, music and rhythm, story time, social games, movement and much more. At the end of our time together, we will provide a snack to the toddlers. All children **MUST** be potty trained at time of registration.

**Age:** 3 - 4 years old  
**Days:** Tuesday and Thursday  
**Time:** 10:30 am - 12:00 pm  
**Dates:** April 5 - April 28  
**Class #:** 23728  
**Dates:** May 3 - May 26  
**Class #:** 23729  
**Cost:** \$96.00



Pitch, Hit & Run is an exciting baseball and softball skills competition that provides boys and girls, ages 7 to 14, an opportunity to showcase their pitching, hitting and running abilities. Boys and girls will compete separately in four age groups: 7/8, 9/10, 11/12, and 13/14. Top scorers in each age group advance to a Sectional Competition, with the possibility of competing in the Pitch, Hit & Run National Finals to take place during the 2016 ALL-STARs.

*\*Age is determined as of July 17, 2015. Copy of valid birth certificate required at time of registration. Registration on day of event ONLY.*

**Age:** 7 - 14 years old  
**Day:** Saturday  
**Time:** 12:00 pm - 2:00 pm  
**Date:** April 23  
**Cost:** FREE

**No metal cleats allowed in the competition**



# Kearny Mesa Youth Programs

## Youth Soccer

The youth soccer program is designed to develop and enhance players' fundamental skills on footwork, juggling, passing, trapping and shooting in a friendly and team oriented environment. The program is for children ages 8 to 12 years old, and teams are divided into age divisions. All players will be playing a minimum of 16 minutes per game. Qualified teams will get a chance to participate in the City Wide tournament hosted by the S.P.O.R.T.S. Committee at the end of the season. This league is for all skill levels. Games held on Saturday. Registration includes regular season games and playoffs.

**Days/Times:** Monday 5:00 pm - 6:00 pm  
Thursday 5:00 pm - 6:00 pm

**Dates:** April 4 - June 2

**Age:** 8 - 10 years old

**Class #:** 23730

**Cost:** \$30.00

**Days/Times:** Monday 6:00 pm - 7:00pm  
Friday 5:00 pm - 6:00 pm

**Dates:** April 4 - June 3

**Age:** 11 - 12 years old

**Class #:** 23731

**Cost:** \$30.00

Proof of Age (birth certificate, government issued ID, passport, school report card, etc.) is required to verify age of participant. Please bring the Proof of Age document to the recreation center at your earliest convenience, so that staff may verify the age of the participant, otherwise the participant will be ineligible to participate in post-season play.



## Pee Wee Soccer

This program teaches skills and fundamentals for kids just starting to learn the game of soccer. Kids will receive excellent instruction in team play, footwork, passing, shooting, and defense. Kids will get the opportunity to use their new skills in Pee Wee Soccer competition. Scrimmages will be held against other participating recreation centers, however this age division does not qualify to attend city-wide playoffs. Scrimmages will be held on Saturdays.

**Days/Times:** Monday 4:00 pm - 5:00 pm  
Friday 4:00 pm - 5:00 pm

**Dates:** April 4 - May 20

**Age:** 7 - 8 years old

**Class #:** 23733

**Cost:** \$30.00



## Tiny Tykes Soccer

Tiny Tykes Soccer is a progressive program for the active child that wants to play soccer and other sports. Our coaches will help your child develop self-esteem and confidence in a non-competitive environment. Fun filled drills and games will teach the participants the basics of footwork, shooting, passing, and defense. Tiny Tykes will also work on basic things such as listening skills, motor skills, hand-eye coordination, confidence and spatial awareness. Your child will gain a great head start toward a healthy and happy lifestyle.

**Days:** Thursday  
**Time:** 4:00 pm - 5:00 pm

**Dates:** April 7 - May 19

**Age:** 5 - 6 years old

**Class #:** 23724

**Cost:** \$30.00

**Soccer. . .**  
***It's around the world!***

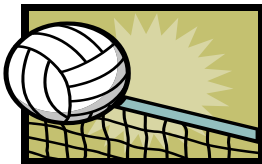
# Kearny Mesa Adult Activities

## Open Play Gymnasium Hours

### Open Play Volleyball

Tuesday 7:00 pm - 9:00 pm

Open play schedules are subject to change without notice. Facility is closed on all City of San Diego holidays.



## Time To Play



### Open Play Basketball

|           |                    |
|-----------|--------------------|
| Monday    | 10:00 am - 5:00 pm |
| Tuesday   | 10:00 am - 7:00 pm |
| Wednesday | 10:00 am - 6:00 pm |
| Thursday  | 10:00 am - 4:00 pm |
| Friday    | 10:00 am - 4:30 pm |
| Saturday  | 12:30 pm - 5:00 pm |
| Sunday    | CLOSED             |

Open play schedules are subject to change without notice. Facility is closed on all City of San Diego holidays.



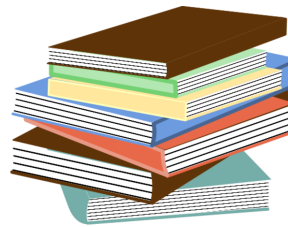
All City of San Diego Parks, Pools  
and Beaches are Smoke Free.



## BookNook

For  
Children and Adults

This is a new program for the entire community. A free lending library for everyone. Patrons are asked to drop off books they no longer want or need. Those books are then made available to anyone.



There is no time limit (unlike the regular library) and no limit on how many books you can take. Books can be checked out during center operating hours. Contact Kearny Mesa Recreation Center for additional information.

*Take a book  
Leave a book  
Everyone  
Wins!*



Those books are then made available to anyone. There is no time limit (unlike the regular library) and no limit on how many books you can take. Books can be checked out during center operating hours.

# Kearny Mesa Adult Activities

## Convair / 220 Amateur Radio

The Convair Amateur Radio meets once a month at Kearny Mesa Recreation Center to further the ex-change of information and cooperation between members, to promote radio knowledge, fraternalism and individual operating efficiency, and to conduct club programs and activities as to advance the general interest and welfare of Amateur Radio in the community, with an emphasis on emergency communications. General public welcome.



**Days:** Second Thursday of every month  
**Time:** 7:00 pm - 9:00 pm



## Vavi Adult Softball League\*\*

For more information, please call (858) 273 - 3485

## WAKA Kickball\*\*

For more information, log onto: Kickball.com

## California Soccer League\*\*

For more information, please call (619) 247-4910  
Californiasoccer.com

## Ladies Gaelic Football\*\*

For more information, please call (619) 867-6154  
nafianna.com

## KMAC Adult Softball\*\*

For more information, please call (760) 855-9713  
KMACSoftball.com

## Kearny Moto Park\*\*

For more information, please call (619) 561-3824

## Kearny Mesa Little League\*\*

For more information, please call (858) 869-7394  
Eteamz.com/kmll

\*\*The City of San Diego neither sponsors nor endorses these permitted organizations or this information or activities. Distribution of this material is provided by the City as a community service. Any questions or comments should be directed to the sponsoring agency or instructor.

## Senior Ceramics Club

Ever wanted to let your creative side out? Bring your green ware, paints and brushes to the Kearny Mesa arts & crafts room and do just that! Enjoy working with other seniors who create beautiful projects. There are hundreds of molds to choose from, to pour your own green ware. There is storage for the different stages of your ceramic projects, and a kiln to fire in. You can also work on other crafts while enjoying the company of other seniors.

**Days:** Tuesday and Thursday  
**Time:** 12:00 pm - 4:00 pm

## Guitar Lessons

(Independent Contractor)



Guitar is a fun and popular instrument to play. These classes are designed to teach beginning students to strum along with favorite songs and to play simple melodies. No previous musical knowledge is needed. Students are responsible for providing their own guitar.

**Age:** 18 and older  
**Days:** Tuesday  
**Time:** 7:00 pm - 8:00 pm  
**Dates:** March 22 - April 19  
**Class #:** 23735  
**Dates:** April 26 - May 24  
**Class #:** 23736  
**Fee:** \$30.00

**Age:** Seniors  
**Days:** Wednesday  
**Time:** 1:00 pm - 2:00 pm  
**Dates:** March 23 - April 20  
**Class #:** 23737  
**Dates:** April 27 - May 25  
**Class #:** 23738  
**Fee:** \$30.00



# Kearny Mesa Adult Activities

## Women's Basketball League

**NEW!**

Interested in hooping it up? Come join our 21 and up Women's basketball league. Grab your team and register today! Full team registration includes a maximum of 9 roster spots and the season consists of 12 games. All team players must wear the same color shirts/jerseys with permanent numbers on the back (as a minimum requirement). Each player will be required to show proof of age at the time of roster submission. Players not on the roster submitted will be allowed to sign and show proof of age, prior to playing. Each team must have five (5) players at each game, or it will be a forfeit.

**Age:** 18 and Older (women only)  
**Days:** Thursday  
**Time:** 6:00 pm, 7:00 pm, 8:00 pm  
**Dates:** March 3 - May 19  
**Class #:** 23741  
**Fee:** \$350.00/per team

## 3-on-3 Basketball League

**NEW!**

Hoop it up for exercise and fun in this recreational league. Teams can have up to five persons on their roster and there is free substitution during games. Each Saturday the teams play half court, best two out of three games to 21 points. The league is NOT OFFICIATED and teams referee their own games. Teams keep the score of their games, and report to the league director after each one. The league director will be on-site for any disputes. The league director's call is **FINAL**. The season finishes with a single elimination tournament, and the winning team will receive Championship t-shirts. Captains must register their team and verify all signatures on waiver roster. All players must sign the roster prior to the first game.

**Age:** 18 and older  
**Days:** Saturday  
**Time:** 9:30 am - 12:30 pm  
**Dates:** March 5 - April 9  
**Class #:** 23739  
**Dates:** April 23 - May 28  
**Class #:** 23740  
**Fee:** \$50.00/per team



## Upcoming Summer Programs

**Afternoon Antics**

**Free Summer Lunch Program**





Sponsored by  
Kearny Mesa  
Recreation Council

# It's Free! Spring Egg Hunt

**3 - 8  
Years Old**

**Saturday  
March 26, 2016  
9:00am - 11:00am**

9:30 am 3 year olds  
9:45 am 4 year olds  
10:00 am 5 year olds

10:15 am 6 year olds  
10:30 am 7 year olds  
10:45 am 8 year olds

**This is a fun event for children 3 to 8 years old. Children need to bring a basket to collect eggs and candy. Hunts will be run throughout the morning, for the different age groups. If you miss your hunt, you may participate in the next hunt.**

***PLEASE! Only participate in one hunt!***

**Come build toys with our  
Building Bunnies at  
The Bunny Hutch  
Sponsored by Home Depot**

**Remember to bring  
your basket!**



# Parks Fit San Diego 2016

Challenge: Walk, Run, Roll or Swim

30 miles between June 18 and August 13

Reward: Get fit, stay healthy & receive  
a Parks Fit SD t-shirt!



Join this year's Parks Fit San Diego program by visiting any City of San Diego Park and Recreation Department facility (recreation center, pool, nature center, activity center or golf course) for a quick and easy enrollment process. Choose one activity or mix it up. Track your miles and turn them in by the due date for your Parks Fit SD t-shirt!

## Kickoff Event - 1 mile Fun Run & Market in the Park

Saturday, June 18, 2016 at 8:00am

Morley Field, 2221 Morley Field Dr., San Diego 92104

## Finale Event - 5K Run/Walk & Family Celebration

Saturday, August 13, 2016 at 7:30am

NTC Park, 2455 Cushing Rd, San Diego 92106

Stay Fit San Diego!

Visit: [www.sandiego.gov/park-and-recreation](http://www.sandiego.gov/park-and-recreation) for more info.

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